



L'plunge home + spa

NEWSLETTER

FEBRUARY + MARCH 2008 >> ISSUE TWO

Valentine's day 14th Feb

TWO HEARTS ONE LOVE

Every couples dream spa escape. Begins with L'plunge welcoming foot soak ritual and Indian head massage, followed by a refreshing skin treatment customized for your skin. Complete your treatment with a one hour full body massage, afterwards you can relax on the spa verandah with fine china tea for two.

180mins \$295 per person

TWO HEARTS TOGETHER

There is nothing more rewarding than a decadent spa herbal ball leg massage. Begin your treatment with a revitalizing peppermint foot soak scrub to cleanse away the day. Follow with a soothing tamarind clay mask for tired legs. Complete your decadent escape with ancient foot reflexology and herbal ball massage. Finish your escape with fine china tea on our spa verandah.

60mins \$125.00 per person

Book in February and receive a complimentary eyebrow wax + sculpt + tint valued at \$35.

L'plunge home

L'plunge home offers a selection of boutique fashion, giftware and designer jewellery to purchase.

We provide a wide selection of exceptional gifts that have been hand selected with you in mind. L'plunge home now stocks Limoges hand made porcelain, Mela Purdie clothes that travel with you, CP Shades Californian Linen and Dyrberg/Kern designer jewellery.

Why not indulge in a little French finery – we are delighted to let you know the latest arrivals of **Limoges**

Porcelain by Legle de Limoges have just arrived.



As previewed in Australian Vogue Magazine – Legle de Limoges porcelain produces a gorgeous range of products in an assortment of stunning colours from pastels to bold, with each piece featuring beautiful hand painted gold edging or a stylish platinum edge finish. Enjoy one colour for classic style or mix and match for a very French effect. Legle de Limoges is a wonderful gift to receive, perfect for special birthday's, engagements, wedding & anniversaries.

Contact our wonderful staff to enquire about ordering complete sets.



TOP FROM LEFT: MELA PURDIE poiret dress \$228.80, flounce dress \$237.60, long yoke smock \$140.80 **MIDDLE: LEGLE DE LIMOGES** Tea pot \$432.00, Creamer \$175.80, Sugar Bowl \$206.00, Tea Cup and Saucer \$129.55 **BOTTOM: DYRBERG/KERN** assorted necklaces and watches



20% OFF MELA PURDIE FASHION

Mela Purdie – Mela calls her design range “a solution to dressing for life on the move”. It all starts with 10 easy essentials for 7 versatile looks. These clothes offer first class solutions for inside, outside and around the world.

Mela began her career winning five Australian Fashion Industry awards, for Lifestyle Fashion since 1993. Since then mela has followed her belief in simple, sophisticated solutions to dressing. All styles are shaped to skim and not cling and drape and layer for easy style.

The magic of Mela's clothes is they are comfortable in all climates, do not crush, retain their shape and are washable, wearable and durable.

Dyrberg/Kern - This unique range of jewellery seems to appeal to women of all ages, all over the world. This range is new to Australia and has been here since early 2007. Dyrberg/Kern fashion jewellery is exclusive to L'plunge home and spa. Dyrberg/Kern is made from semiprecious gemstones, swarovski crystals, gold plated and rodem plated. Individual pieces can be mixed, matched and layered for a stunning unique look.

Whatever we create, we relate to design values such as luxury, quality, innovation, storytelling, life style, humour and dreams.

Gift vouchers available, fully redeemable on home and spa

our beauty icon - audrey hepburn

“Audrey had an angelic quality about her. She didn't act like she was better than everyone, she just had a presence, an energy, a sort of light coming from within her that was overwhelming.”

Kevin Aucoin

This beautiful book is available at L'plunge home + spa



an invitation

Modern make-up workshop

WELCOMING MICHELE SHORT

film and television make-up artist.

UN-EARTH THE SECRET TO BEAUTIFUL SKIN

Educating women on the best use of modern make-up techniques for their skin, bone structure, face shape and age.

Simple and easy techniques, practical demonstration ID Mineral Make-up and Di Kennedy Vintage Make-up

Date: Thursday 6th March **OR** Wednesday 16th April 2008

Time: 6.00 – 9.00pm

Cost: \$50.00 per person
(includes champagne, fine china tea and spa nibbles)

Bookings essential, phone 07 3488 0300, be quick!

Treatments from paris

WELCOMING HEATHER McDOWELL

from Institute Esthederm to spend the day with us.

HALF PRICE* SPECIAL PROMOTION

Time System Anti Ageing Indulgent Facial

Date: Wednesday 12th March 2008

Time: 10.00am – 7.00pm

Cost: ½ Price*. Only \$72.50 per person

This specialised treatment is complimented with a shiatsu back treatment, foot bliss massage, and a stunning facial massage using rose quartz crystals – the crystal of love.

Bookings with our French trained therapist Heather are essential.

exquisite skin care

Australian Skin Approved Products (ASAP) was developed out of a need to provide men and women with a highly effective skin care routine which was not only simple to use but also very affordable.



Essential morning ritual for all skin.

Fight ageing one drop at a time

Introducing Vitamin C Repair Serum

RRP \$69.00

ASAP Vitamin C repair Serum is a maximum potency formulation that contains 23% pure Vitamin C (L Ascorbic Acid). Daily use of topically applied Vitamin C Repair Serum supports collagen synthesis, resulting in the improvement of skin firmness and helps reduce the appearance of fine lines and discolouration.

spa classics

CD Deepak Chopra – Gift of Love

Deeply sensitive and spiritual poetry about love delivered to enchanting musical tracks. This CD is more than relaxing entertainment, it takes your soul on an uplifting spiritual journey.



Book Henry Wilson – India Contemporary



'New Indian chic' is everywhere, from cuisine to fashion to film, not to mention yoga and ayurveda. This book is an intimate exploration of the private homes of those at the forefront of the new approach to decoration and design.

Quote "Observe the wonders as they occur around you. Don't claim them. Feel the artistry moving through and be silent."

Rumi – Famous Sufi Poet – 13th Century

spa treatments

YOUNG LIVING RAINDROPS THERAPY

Raindrops Sacrum & Spine

60mins \$120

Raindrops is a powerful noninvasive treatment using several key Young Living essential oils originating from America. This treatment was founded by Dr Gary Young utilizing therapeutic grade essential oils which are dropped along the spine and have an anti-inflammatory, anti-bacterial and anti-viral action upon the spine. This Raindrop ritual integrates Vita Flex and massage helping the body to reduce pain, inflammation and releases negative emotions.

ANCIENT REFLEXOLOGY

Foot Reflex Therapy

30mins \$50

This ancient therapy is based on the principle that the feet are a map in miniature of all organs, glands and parts of the body. Practiced for centuries and is a safe and natural way to return balance to the body. Reflexology is great for relieving symptoms of back, neck and shoulder pain, stress, hormonal problems and many more.

BEAUTIFUL SKIN AT THE SPEED OF LIGHT

Omnilux Light Therapy

30mins \$120

Omnilux was developed after 12 years of extensive research and is the only light **approved by the TGA** to rejuvenate and improve many skin conditions. Medical research shows that nine treatments with this red and blue light technology was beneficial for acne, sun damage, uneven skin tone, pigmentation, wrinkles and lines and the premature aging of the skin. Omnilux before and after photographs go to www.phototherapeutics.com



spa hours - now opening on sunday

Monday to Thursday – 9.00am to 8.00pm

Friday & Saturday – 9.00am to 5.00pm

Sunday – 10.00am to 4.00pm

Late nights and Sundays by appointment

sharing ideas

every business needs inspiration and direction from it's clients. We would love to hear from you. Please tell us about what beautiful spa experiences you have enjoyed on your travels around the world. Go in the running to win a L'plunge signature experience to remember us by. Email raelene@lplunge.com.au or write to L'Plunge Home + Spa 200 Middle Street Cleveland Q 4163.